



## BERRYESSA UNION SCHOOL DISTRICT - FROM THE SCHOOL NURSE

### WHEN TO KEEP ILL STUDENTS HOME

**FEVER** – Please keep your child out of school if your child has a fever (100° or higher). Your child should be fever-free for 24 hours without the use of fever-reducing medications before returning to school.

**COUGH** – **Note: If you have ANY of these symptoms** (Fever 100.0 or higher, cough, shortness of breath/trouble breathing, chills, sore throat,, muscle/body aches, fatigue, recent loss of taste or smell, headache, confusion, nausea, vomiting, diarrhea.) **And have no documented cause for the symptoms, you cannot return until you 1) have been tested for COVID-19 and completed home isolation or quarantine protocols or 2) provide a doctor's note with an alternative explanation for symptoms and a reason for not ordering COVID-19 testing**

**RASHES** - Please bring a note from your child's doctor for any new unidentified rashes as they can be potentially contagious. The doctor must state what the rash is and when it is safe for the child to return to school and if there's any medication therapy started.

*\*NOTE: The school is required by state law to immediately exclude students who may have a possible contagious condition.*

**RUNNY NOSE** – As a general rule, do not send your child to school when there is constant nasal drainage that cannot be contained. Colds usually last about 7 days. Your child may return to school when acting and feeling well. Note: Due to the pandemic, a student with only a runny nose would be allowed to stay at school, provided that he/she does not develop any other symptoms of COVID-19 and is not a close contact to anyone with positive COVID.

**DIARRHEA** – Children who have diarrhea (multiple watery bowel movements) should NOT be sent to school UNTIL THEY HAVE BEEN FREE OF THESE SYMPTOMS FOR 48 HOURS.

**VOMITING** – Children with vomiting episode(s) should NOT be sent to school UNTIL THEY HAVE BEEN FREE OF VOMITING FOR 48 HOURS without the aid of any medications.

*\*Always contact your child's doctor for advice. Young and very frail children can easily dehydrate when they are vomiting and/or have diarrhea and may require IMMEDIATE medical care.*

**\*MEDICATIONS** - Please try to time administration of medications (prescription and over-the-counter) outside of school hours. All medications, including over-the-counter products **REQUIRED** during school hours require parent and MD written authorization. **CONTACT SCHOOL OFFICE STAFF** before sending **ANY** medications and/or over-the-counter products to school.

Please obtain a BUSD Medication Authorization Form from your school office staff, if necessary. **One form is to be used for each medication:** including prescription medication(s) or over-the-counter product(s).